



Tinctures

Types and uses

Alcohol Based

Made typically with vodka or brandy. Longest lasting tincture due to preservation in alcohol - about 4-6 years. Typically the most potent and best way to extract the components we want to use for a tincture blend.

Vinegar Based

Vinegar is an alternative to alcohol which is safe for children and can have positive digestion effects. For these you use apple cider vinegar as the extraction of the components you wish to use and can be turned into a salad dressing if you so please. These last 1 to 2 years based on storage and sterility of environment

Glycerol Based

Typically called a glycerite. These are the most suitable for children and lasts about 14-24 months when stored properly. This is usually a mixture of 60+% vegetable glycerin and 40+% water.